

# Tara Health Centre

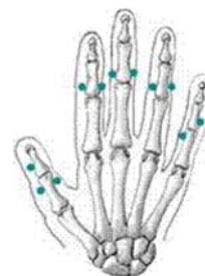
## Naturopathic Consultations

**At your first consultation you may encounter evaluation and healing techniques that are new to you. To determine your current state of health or imbalance your practitioner will use a technique called electro-dermal screening.**

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### **Electro-Dermal Screening**

Computerised Electro-Dermal Screening is a non-invasive method of evaluating health. Your naturopath will take a series of readings by lightly applying a brass probe to a number of specific points on the fingers and toes.



The measurement points correspond with acupuncture points and are connected energetically to the major organs and systems of the body. Depending upon the readings obtained, the energetic functioning of the various organs can be assessed.

This is a method of combining the fundamentals of acupuncture and homoeopathy with the facilities of modern computerised electronics. This system can also be used to detect a wide range of pathogens and toxins that may be burdening the body, as well as help determine the most effective remedies. By monitoring these readings it becomes possible to follow the body's progress towards improved health.



Homoeopathic and Isopathic remedies, flower essences, nutritional supplements and other natural remedies are selected on an individual basis according to each person's current requirements. During the course of therapy these remedies can be re-checked and adjusted accordingly.

The Tara Centre was the first clinic in Australia to introduce Computerised Electro-Dermal Screening in 1986, and still remains at the forefront of this technique.

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**At each consultation you will be given some homoeopathic remedies and flower essences. These are selected in response to your readings and designed to assist your body and mind to regain balance. In addition, your practitioner may check to see whether you require any nutritional supplements or additional remedies.**

**Once your remedies have been selected you will then be taken to the Mora unit where you will be given a session of MORA therapy, MORA Colour therapy and Indumed Magnetic Field therapy.**

**These therapies may be used separately, or in combination, to create balance, deep relaxation, and uninterrupted energy flows, which are vital to optimum physical health.**

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## MORA Therapy

Everybody has their own energetic pattern or oscillation. The MORA therapy unit measures our energy waves and determines whether they are healthy, weak or disharmonious (as they may be when one is ill or preceding the onset of illness).

This is done in a non-invasive way - by sitting on a chair with your feet on a metal plate and holding two metal bars – forming a closed electrical circuit with the Mora unit.

No energy is generated by the Mora unit. Our own energy is sampled and returned to us – amplified if it is healthy or changed via a process of filtration and wave inversion if it is unhealthy.

## MORA Colour Therapy

**MORA COLOUR THERAPY** is a combination of standard colour therapy and the Mora therapy described. It uses coloured light oscillations which are known to have an effect on physical and emotional states. The Mora colour therapy unit uses white light filtered into the primary colours (red, blue and yellow) which are also mixed to form the secondary colours. (orange, purple, green).

These colour vibrations are converted by the unit into a frequency which can be used for treatment purposes. The color waves are amplified, and penetrate the body more deeply than ordinary waves. They are absorbed through the skin, applied to specific meridians or to the entire electromagnetic field, and thus the whole body.

## Indumed Therapy

**INDUMED** Magnetic Field Therapy is based on the stimulations of the naturally occurring electro-magnetic waves which exist between the surface of the earth and the ionsphere.

This unit generates an electromagnetic pulse of very low strength which is similar in nature and intensity to the magnetic field of the earth. This low field strength is an almost natural field which is much more in harmony with the body's own energies than are some other magnetic therapies of greater strength.

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**Using these therapies we have the capacity to harmonise the body's natural energies, supply and stimulate the subtle foundation energies which emanate from the earth, and introduce frequencies of light and colour so that they are more readily absorbed and utilised by the body**

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## **Tara Health Centre and Bookshop**

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